

Manipal University Jaipur Provides Access to Sexual and Reproductive Health-Care Services and Education

Transitioning to university is a time of significant change and exploration for many young adults. This phase often includes questions and concerns related to sexual and reproductive health. Access to accurate information, medical care, and support is essential for the well-being of students as they navigate these important aspects of their lives. However, beyond the lecture halls and libraries, universities are increasingly recognizing the importance of providing comprehensive sexual and reproductive health-care services, as well as information and education to their students (Picutre6,7, 8). Manipal University Jaipur is empowering students by offering accessible sexual and reproductive health resources, including information and education services. Manipal University Jaipur is increasingly focusing on promoting awareness and education surrounding sexual and reproductive health. This education extends beyond basic biology to include topics such as healthy relationships, contraception options, sexually transmitted infection (STI) prevention, consent, and mental health related to sexual health. Workshops, seminars, and online resources are often provided to ensure students have access to comprehensive information. Manipal University Jaipur has established on-campus health clinics that provide a wide range of sexual and reproductive health-care services (Annexure 1, 2, 3, 4 & 5) These clinics offer confidential consultations with trained healthcare professionals who can address concerns, prescribe contraceptives, provide STI testing, and offer guidance on sexual health(Annexure 6, 7, 8, 9, 10). Having these services readily available on campus reduces barriers to care and encourages students to seek help when needed. Ensuring that students have access to a variety of contraceptive methods is a key component of university health services. Condoms, birth control pills, intrauterine devices (IUDs), and other options are often provided at little to no cost. This accessibility allows students to make informed choices about their sexual health and family planning. Maintaining confidentiality and privacy is paramount in sexual and reproductive health services on campus. Students should feel comfortable seeking care without fear of judgment or breaches of confidentiality (Annexure 10, 11, 12, 13 & 14). Manipal University Jaipur takes great care to ensure that students' personal information is protected, and services are provided with sensitivity and respect. Manipal University Jaipur is increasingly recognizing the unique needs of pregnant and parenting students. Support services may include accommodations, childcare options, and counseling to help students balance their academic pursuits with family responsibilities. Manipal University Jaipur provides students with access to sexual and reproductive health-care services, in the female washroom sanitary napkin incinerator machines are installed (Picture 1, 2, 3, 4, 5 & Annexure 16, 17), which is a vital aspect of ensuring their overall well-being during their university years.

Manipal University Jaipur empowers students to make informed decisions, seek help when needed, and promotes a culture of healthy relationships and responsible sexual behavior. In embracing these initiatives, Manipal University Jaipur is enhancing the health and safety of their student



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populations and preparing them for a lifetime of informed decision-making and responsible choices.





Picture 1: Distribution of Sanitary Napkins to Local Village Women



Picture 2: Distribution of Sanitary Napkins in the nearby vicinity of MUJ Campus



Picture 3: Sanitary napkins distribution to the housekeeping staff



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Picture 4: Automatic Sanitary Napkin Vending Machine Installed in All Girls washrooms and Dustbins installed for its disposal



Pictures 5: Sanitary Pads distribution in neighboring village



Picture 6: Medical center with all ancillary services at MUJ



Picture 7: A doctor (resident doctor) and emergency services are available to him 24 hours a day



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